

DAY 6 Dublin Juvenile Championships 2019
Uneven Age Relays
Friday 21st June @ 7pm
Irishtown Stadium

7pm

15	Girls	4 X 100m	Heats
17	Girls	4 x 400m	FINAL
19	Girls	4 x 400m	FINAL
17	Boys	4 x 400m	FINAL
19	Boys	4 x 400m	FINAL
15	Boys	4 x 100m	FINAL
15	Girls	4 X 100m	FINAL
17	Girls	4 x 100m	FINAL
17	Boys	4 x 100m	FINAL
19	Girls	4 x 100m	FINAL
19	Boys	4 x 100m	FINAL

Any Heats/Semi-Finals will be run first, followed by Finals.

Above order of events might change if more than 8 teams in U15 or any other age group.

Finals will be run where there are 8 or less.

Where there are two heats, the first 4 will qualify from each, if three heats, the first two from each and two fastest overall will qualify for the final and where there are 4 heats the winner and 4 fastest will qualify for the final. Where there are 2 heats of 4 or 5 the winner from each and the 4 fastest will qualify for the final.

Athletes may move up one age group only.

At least 2 members of the team must be in their correct age-group.

No restriction in U17/U18/U19 4X100m

Athletes born in **2004 (U16)** may not compete in the **4X400m** relays

Teams qualifying for Finals **MUST ONLY** comprise of the same panel of runners entered in Heats/Semis.

All team names, reg numbers and DOB must be on entry sheets at closing date.

Spot checks may take place.

FIELD EVENTS

8pm – Long Jumps

U14 Girls & Boys

- **Athlete must be registered for 2018 and are advised to be present 1 hr in advance of their event.**

